Meet the Sage Wellness Therapists in Gainesville, Florida

	Therapist	Amber Carlton	Hannah Martinson	Jeanne Bohlen	Jennifer Martin	Kathleen McKee	Logan Salanger	Melanie Murillo	Nick Comeau	Ziddia Muller	Therapist
Training	Qualifications	MS, RMHCI	MC, LMHC	MS, RMFTI	PhD, CGP	MS, LCSW	MA, RMFTI	M.Ed./Ed.S., LMHC	PsyD	MS, LMHC	Qualifications
	Therapeutic Approaches	Cognitive Behavioral, Mindfulness, Narrative, Person-Centered, Trauma-Informed	Acceptance and Commitment, Cognitive Behavioral, Dialectical Behavioral, Emotionally Focused, Multicultural and Feminist, Person-Centered	Culturally Sensitive, Expressive Arts, Gottman, Person-Centered, Trauma-Informed	Cognitive Behavioral, Eye Movement Desensitization and Reprocessing, Mindfulness, Motivational Interviewing, Strengths Based	Accelerated Resolution, Attachment, Cognitive Behavioral, Dialectical Behavioral, Human-Centered, Internal Family Systems, Mindfulness, Self-Compassion, Somatic Experiencing	Attachment based, Dialectical Behavioral, Emotionally Focused, Internal Family Systems, Person-centered, Trauma-Informed	Acceptance and Commitment, Cognitive Behavioral, Exposure Response Prevention, Eye Movement Desensitization and Reprocessing, Multicultural and Feminist Multigenerational Family Systems, Narrative	Acceptance and Commitment, Cognitive Behavioral, Dialectical Behavioral, Existential, Exposure and Response Prevention, Humanistic, Motivational Interviewing, Person-Centered	Bilingual (Spanish); Cognitive Behavioral, Eye Movement Desensitization and Reprocessing, Mindfulness, Multicultural, Person-Centered, Sensory Motor Psychotherapy	Therapeutic Approaches
Payment	Session Cost	$140; $155	$150; $165	$140; $155	$225-$240	$150; $165	$130, $145	$150; $165	$180; $195	$165	Session Cost
	Insurance Accepted	Aetna, Cigna		Aetna, Cigna	Aetna, Cigna		Aetna, Cigna			Aetna, Florida Blue	Insurance Accepted
	Out of Network Insurance Reimburesment		X		X	X		X	X	X	Out of Network Insurance Reimburesment
Location	8th Ave Office	X	X	X	X	X	X	X	X	X	8th Ave Office
	Haile Village Office	X	X	X	X		X		X	X	Haile Village Office
	Walk and Talk Sessions	X	X	X	X	X		X	X	X	Walk and Talk Sessions
Services	Minors	X (5+)	X (15+)	X (5+)			X (5+)	X (15+)	X (12+)	X (10+)	Minors
	Adults	X	X	X	X	X	X	X	X	X	Adults
	Couples Therapy		X	X	X		X	X	X		Couples Therapy
	Family Therapy	X		X		X	X		X		Family Therapy
	Group Therapy		X		X	X			X		Group Therapy
Topic Areas	ADHD	X	X				X	X	X	X	ADHD
	Aging					X	X	X	X		Aging
	Anger Management	X	X				X		X	X	Anger Management
	Anxiety/Stress	X	X	X	X	X	X	X	X	X	Anxiety/Stress
	Autism Spectrum	X					X	X			Autism Spectrum
	Bipolar Disorder		X		X		X		X		Bipolar Disorder
	Body Image	X	X	X	X		X	X	X		Body Image
	Break Up/Divorce	X	X	X	X	X	X	X	X		Break Up/Divorce
	Caregiver Support	X	X	X	X	X	X	X	X		Caregiver Support
	Chronic Pain	X							X		Chronic Pain
	Coping Skills	X	X	X	X	X	X	X	X	X	Coping Skills
	Cultural Concerns	X	X	X	X	X	X	X	X	X	Cultural Concerns
	Depression	X	X	X	X	X	X	X	X	X	Depression
	Eating Disorder	X		X	X				X		Eating Disorder
	Ethical Non-Monogomy	X	X	X	X	X			X		Ethical Non-Monogomy
	EMDR / ART Trauma Treatment				X	X		X		X	EMDR / ART Trauma Treatment
	First Responder					X				X	First Responder
	Gender Identity	X	X	X	X		X	X	X		Gender Identity
	Grief & Loss	X	X	X	X	X	X	X	X	X	Grief & Loss
	Identity Exploration	X	X	X	X		X	X	X		Identity Exploration
	LGBTQ+	X	X	X	X	X	X	X	X		LGBTQ+
	Life Transitions	X	X	X	X	X	X	X	X	X	Life Transitions
	Medical Concerns	X	X	X		X			X		Medical Concerns
	Military									X	Military
	Obsessive Compulsive	X	X					X	X		Obsessive Compulsive
	Religious / Spirituality				X	X	X			X	Religious / Spirituality
	Relationship Problems	X	X	X	X	X	X	X	X	X	Relationship Problems
	Self Esteem	X	X	X	X	X	X	X	X	X	Self Esteem
	Substance Abuse / Addiction	X		X		X	X		X	X	Substance Abuse / Addiction
	Trauma / PTSD	X	X	X	X	X	X	X	X	X	Trauma / PTSD

X indicates the counselors specialties

People of all religions, races, sexual orientations, gender identities, etc. are invited to receive counseling at our inclusive, supportive practice. ***Updated: 11/9/26***